

Contest Exchanges

Typical contest situations

2EØLDZ

The Aim

- get the message over
- correctly
- accurately
- fill up your log

RSGB UKAC 2m

0 of 134

10:15:17

2E0LDZ/P RS(T) 135 I091MP

 Beacon CQ

SSB 144.000.000 +000

Run

SSB 144.000.000 +000

Pounce

UTC	Rx Freq	Tx Freq	Band	Mode	Call	Grid	RST	Serial	Sent RST	Sent	Sent...	D	SQ	L	O	Notes	Operator
2015...	144.21...	144.21...	2	SSB	G4BKF	I083KJ	59	49	57	I091MP	134					244...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G0ACK	I091TN	59	007	58	I091MP	133					41...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G0JJG	J002LE	56	59	57	I091MP	132					145...	2E0LDZ/P
2015...	144.18...	144.18...	2	SSB	G0HGH	I092WS	59	84	59	I091MP	131					137...	2E0LDZ/P
2015...	144.23...	144.23...	2	SSB	G4LHT	I091SN	59	32	59	I091MP	130					36...	2E0LDZ/P
2015...	144.25...	144.25...	2	SSB	F4GYJ	J010GJ	59	89	59	I091MP	129					281...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	M0WBG	I083KJ	59	28	57	I091MP	128					244...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G4YHF	I092XW	59	29	59	I091MP	127					157...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G4NDM/P	I092MT	59	86	59	I091MP	126					130...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G0EUN	I093QE	59	39	56	I091MP	125					173...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	ON5AEN	J010VW	55	82	55	I091MP	124			✓		340...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G4FZN/P	I094JF	57	159	57	I091MP	123					288...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	M0GXZ	I092PA	59	5	59	I091MP	122					45...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G4BLH/P	I083NE	55	18	56	I091MP	121					215...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	GM4AFF	I086TS	55	55	55	I091MP	120					577...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G0CER	I082RV	57	36	57	I091MP	119					176...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G3TDH	I083WI	56	42	57	I091MP	118					206...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G0TRB	I092E0	59	36	58	I091MP	117					116...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G8PEF/P	I083R0	59	52	58	I091MP	116					243...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G0ELJ	I092DM	58	7	58	I091MP	115					110...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	M1DDD/P	I093CH	59	168	59	I091MP	114					194...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G0JCQ	I083MP	53	4	56	I091MP	113					260...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	2W0JYN	I083LA	57	43	57	I091MP	112					208...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	M1KEY	I093GM	59	23	59	I091MP	111					211...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G0LGS	I081WV	57	19	57	I091MP	110					85...	2E0LDZ/P
2015...	144.21...	144.21...	2	SSB	G0EAK/P	I092NI	59	80	57	I091MP	109					79...	2E0LDZ/P

The Exchange

RSGB UKAC 2m
09:45:12
2E0LDZ/P RS(T) 001 I091MP
SSB 144.000.000 +000
call 59 59
Run
SSB 144.000.000 +000
call 59 59
Pounce

UTC	Rx Freq	Tx Freq	Band	Mode	Call	Grid	RST	Serial	Sent RST	Sent	Sent...	D	SQ	L	O	Notes	Opera...	Station
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- Call Sign **2E0LDZ/P**
- Serial number **from 1 up for each QSO**
- Locator **I091MP** or **14** (cq zone)

Exchanges

- Easy to hear = 5/9
- Only Just =5/1
- Running & Pouncing

Running

RSGB UKAC 2m 0 of 0 Q Call

09:45:12 2501DZ/P RS(T) 001 T001MP

SSB 144.000.000 +000

call 59 59 Run

SSB 144.000.000 +000

call 59 59 Pounce

UTC	Rx Freq	Tx Freq	Band	Mode	Call	Grid	RST	Serial	Sent RST	Sent	Sent...	D	SQ	L	O	Notes	Opera...	Station
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- That is calling CQ
- two boxes = two frequencies

Easy-Running 5 by 9

- CQ CQ this is G3WIR **CQ CONTEST**
- M1ICR
- M1ICR you are 5 by 9 number 005 in IO91MP **QSL**
- QSL you are 5 by 8 008 in IO91TS **QSL**
- QSL catch you on the next one and QRZ this is G3WIR **CQ CONTEST**

Easy-Running

- If its going well....**No**
- “sorry i’m pointing in the wrong direction”
- repeating anything that you don't need to
- you want to get on to the next one

Easy-Running 5 by 9

- If there are many stations there
- QRZ G3WIR CQ CONTEST
- **ICR
- Station ending ICR you are 5 by 9 no 007 in IO91MP **please repeat your call** QSL
- no need to spend time getting his call again before you pass details if he is readable

Tricky-Running 5 by 1

- CQ CQ this is G3WIR CQ CONTEST
- ***EH
- The station ending EH only
- G3MEH G-3-Mexico-England-Holland
- G3MEH you are 5 by 3 (5 by 3) number 007 (double O seven James Bond) in IO91MP (I-O 9-1 Monty Python) QSL
- QSL you are also 5 by 3 (also 5 by 3) 008 (double O eight) in IO95TP (Italy Oscar nine five Tango Papa) QSL
- QSL catch you on the next one and QRZ this is G3WIR CQ CONTEST

Getting a Number Over

- you are four by three
- 1-2-3-four by 1-2-three
- QSL / over / break

If you need a Repeat

- G3MEH you are 5 by 3 (5 by 3) number 005
(double O five) in IO91MP (I-O 9-1 Monty Python)
QSL
- I have from you 4 by 3 056 - I need your Locator
(your Locator)
- If you are asked this just give the locator a number
or times not everything.
- Your signal report tells you how he is reading you

Pouncing

RSGB UKAC 2m 0 of 0
09:45:12 2E0LDZ/P RS(T) 001 I091MP Beacon CQ

	●	SSB 144.000.000 +000	call	59	59			<i>Run</i>
		SSB 144.000.000 +000	call	59	59			<i>Pounce</i>

- That is responding to a CQ call

Easy-Pouncing

- The same as running
- Fill in the gaps
- Don't add additional exchanges if you don't need to

Easy-Pouncing 5 by 9

- CQ CQ this is G3MPM CQ CONTEST
- G3WIR
- MØWIR (he's got it wrong but it must be you)
- My call **G-3-WIR** you are 5 by 9 007 in IO91MP QSL
- reply with your details to save an over

When its Slow

- Longer CQ call
- Leave only very short breaks 2 or 3 seconds only
- You want people to hear you
- no point listening
- CQ CONTEST CQ CONTEST this is G3WIR golf three Italy whisky Radio calling from IO91 G-3-W-I-R IO91 calling and listening.

QUESTIONS

- Lets try some examples